

“Life Without Regrets...”

Biblical Terminology-

The word "regret" used in the New Testament has two aspects: change of mind and an element of sorrow

Main Truth- Godly grief brings freedom to the soul, while worldly grief destroys the soul.

Examples of worldly grief-
"human sorrow with regret piled on top":

1. Crisis Regret

2. Ritual Regret

3. Consequential Regret

Worldly Grief is completely focused on one's self, improving the situation, or obtaining a result from God.

11 Samuel said, "What have you done?"
And Saul said, "When I saw that the
people were scattering from me, and
that you did not come within the days
appointed, and that the Philistines
had mustered at Michmash,

1 Samuel 13:11

ESV

12 I said, 'Now the Philistines will come down against me at Gilgal, and I have not sought the favor of the LORD.' So I forced myself, and offered the burnt offering."

1 Samuel 13:12

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13 And Samuel said to Saul, "You have done foolishly. You have not kept the command of the LORD your God, with which he commanded you. For then the LORD would have established your kingdom over Israel forever.

1 Samuel 13:13

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27 When morning came, all the chief priests and the elders of the people took counsel against Jesus to put him to death. ² And they bound him and led him away and delivered him over to Pilate the governor.

Matthew 27:1–2

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³ Then when Judas, his betrayer, saw that Jesus was condemned, he changed his mind and brought back the thirty pieces of silver to the chief priests and the elders, ⁴ saying, "I have sinned by betraying innocent blood." They said, "What is that to us? See to it yourself." ⁵ And throwing down the pieces of silver into the temple, he departed, and he went and hanged himself.

Matthew 27:3–5

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What is Godly Grief- Sorrow according to God?

It is sorrow produced by the Holy Spirit,
allowing us to see how our sin has grieved God.

Godly grief in King David's Life-

2 Sam. 11:27, "The thing that David had done displeased the Lord."

2 Sam. 12:9 "Why have you despised the word of the Lord?"

2 Samuel 12:13 "I have sinned against the Lord."

Psalm 51:2 "Wash me thoroughly and cleanse me from my sin."

What is repentance which Godly Grief Produces?

- Turning away from sin because we see how filthy it is
- Turning toward Christ because we see how forgiving he is
- Accompanied by tears of relief & joy
- Not telling ourselves how miserable we are

How does one gain repentance?

When they heard these things they fell silent.
And they glorified God, saying, "Then to the
Gentiles also God has granted repentance that
leads to life." Acts 11:18 ESV

What is the fruit of Godly Sorrow?

1. A resolve to fight sin (from a position of victory)
2. A desire to make restitution
3. An ongoing gaze at the Cross and a closeness with Jesus

Luke 3:8 "Bear Fruits in keeping with repentance."

Two tunics? Give one to someone else

Taxes? Collect no more than you are authorized

Soldiers? Don't extort money- be content