

# John chapter 6

Jesus the Bread of Life

“Walking with Christ”- week 1

**How would you complete the following sentence?**

Being a Christian is \_\_\_\_\_.

OR

Following Jesus is \_\_\_\_\_.

Following Jesus is a relationship which  
starts now and lasts forever.

Following Jesus is a personal, growing,  
refining, lifelong relationship with our  
Savior!

## Main Point:

Jesus is even more essential to our souls than food is to our physical bodies.

## John 6:35

Jesus said to them, “I am the bread of life;  
whoever comes to me shall not hunger,  
and whoever believes in me shall never  
thirst.”

**Remember-** Following Jesus is a God-ordained dynamic tension of dependence and discipline.

--saved by grace, but saved for good works

--faith is childlike trust, yet we are expected to mature into adulthood.

-- “work out your own salvation...for it is

God who works in you...” **Philippians 2:12-13**

## 1<sup>st</sup> application-

Come to Jesus regularly with a spiritual appetite of expectation- that he will give us both our daily spiritual bread and our daily physical well-being.

## 2<sup>nd</sup> application-

Contemplate the mystery and reality of Jesus' life (his incarnation & humanity) and ask Him to live through you.



### 3<sup>rd</sup> application-

Ask Jesus to expose your sinful desires, develop godly desires in you, and satisfy your deepest desires.

## John 6:66–69 ESV

After this many of his disciples turned back and no longer walked with him. So Jesus said to the twelve, “Do you want to go away as well?” Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God.”

## 1 John 2:16–17 ESV

For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world. And the world is passing away along with its desires, but whoever does the will of God abides forever.

## Isaiah 55:1–3

“Come, everyone who thirsts, come to the waters;  
and he who has no money, come, buy and eat!  
Come, buy wine and milk without money and  
without price.

Why do you spend your money for that which is  
not bread, and your labor for that which does not  
satisfy? Listen diligently to me, and eat what is  
good, and delight yourselves in rich food. Incline  
your ear, and come to me; hear, that your soul  
may live; and I will make with you an everlasting  
covenant, my steadfast, sure love for David.